

## North 2 North 2025-26 Visiting Student Fact Sheet

### MOST POPULAR MAJORS FOR EXCHANGE STUDENTS

- ✓ Business / Sports & Esports Mgt.
- ✓ Criminology
- ✓ Economics
- ✓ English Literature
- ✓ Geo-Anthropology
- ✓ History
- ✓ Marketing and Management
- ✓ Media Studies & Communication
- ✓ Music & Theater
- ✓ Natural Sciences
- ✓ Political Science
- ✓ Psychology
- ✓ Sociology
- ✓ Tourism & Hospitality

Additional Majors are available. Please contact the USM International Office with questions.

### Southern Maine is a destination that will exceed your expectations

USM's multiple campuses allow you to experience the very best that Maine has to offer, learning in lively small cities and classic New England towns with easy access to Maine's real outdoors and its largest metropolitan areas. USM offers small classes with an average size of 17 and a 14:1 student to faculty ratio. Students have access to over 60+ clubs which is a great way to meet other students and explore new interests. Designated as one of the top 10 places to live in the US Maine is also conveniently located close to Boston, NY, Quebec & Montreal.

We hope that you will find the University of Southern Maine a welcoming home away from home!

**USM.MAINE.EDU**

Academic Calendar: <https://usm.maine.edu/registration-scheduling-services/academic-calendar/>

Course Search Page: <https://usm.maine.edu/registration-scheduling-services/course-search/>

USM Catalog: <https://catalog.usm.maine.edu/>



After a semester in Maine, you'll understand why Maine's unofficial slogan is *Maine: The Way Life Should Be!* Its proximity to the Atlantic Ocean, mountains, and lakes provide students with recreational opportunities year round. Maine is also fortunate to benefit from four glorious seasons, including a colorful fall and quintessential American summer. While other parts of the country simply turn cold in the winter, Maine benefits from picturesque snowfall that is perfect for skiing, snowshoeing, and snow tubing. **WWW.USM.MAINE.EDU**





# HOUSING

- ✓ Students from exchange partners are guaranteed on campus housing in one of USM's residence halls.
- ✓ Residence halls are located on the Gorham & Portland campuses and options vary with regard to room type and housing style.
- ✓ Students living on campus are required to have a meal plan.
- ✓ Free transportation is available to students for travel between campuses and throughout the Greater Portland area.

## USM Key Contacts:

### Office of International Programs

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### North 2 North Coordinator

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## Deadlines

### Fall Semester

April 1 – Priority Deadline  
May 1 – Final Deadline for fall

### Spring Semester

October 15

Students will need to obtain a J-1 visa & enroll in a minimum of 12 credits. Students are limited to one online course per semester & should review USCIS J-1 visa rules prior to arrival. Students will likely be subject to the 2-year home residency requirement.

FMI Visit: <https://usm.maine.edu/residential-life/>

## REQUIRED APPLICATION MATERIALS

- Exchange Student Application
- Brief Essay
- Letter of support from home school or confirmation of nomination from North 2 North
- Proof of English proficiency
- Transcript from your home institution
- A copy of the biographical page of your passport
- Proof of sufficient funding \*

\* Students attending USM will need to document \$9,140 for one semester to cover the cost of room, board, books, insurance and personal expenses.

## EXCHANGE STUDENT APPLICATION

<https://usm.maine.edu/office-international-programs/exchange-student-application-process/>

